The Central Shenandoah EMS Council is an accredited education organization offering Emergency Medical Technician (EMT) programs in a blended format. Traditional classroom education is conducted on-line and practical skills are conducted in-person at the training center in Staunton, VA.

Choose the track that’s best for you!
Courses offer hands-on skill sessions in two different formats – integrated or terminal.

Location
On-line via the Internet with skill training at our education center in Staunton, VA.

When
Spring courses start in January.

Qualified Faculty
Our faculty members average more than 20 years of field experience!

Includes hands-on skill labs!

On-line format convenience
Accredited education
Adaptable course materials
NREMT exam preparation
Personalized assignments

Information & on-line registration:
http://online.csems.org

Central Shenandoah EMS Council, Inc.
2312 West Beverley Street
Staunton, VA 24401
540.886.3676 (O) 540.886.3735 (F)
www.csems.org | csems@vaems.org
Central Shenandoah EMS Council

Accredited by
Virginia Department of Health, Office of Emergency Medical Services

2312 W. Beverley Street
Staunton, VA 24401
Phone 540-886-3676 | Fax 540-886-3735
www.csems.org

Register online at http://www.csems.org/courses/
About CSEMS On-line EMT Programs

Our approach to online/hybrid education is simple -- we want to provide you with the tools you need to be successful while at the same time adding convenience to the equation.

Typical EMT education requires a set schedule of class meetings over a five month period. With our online/hybrid approach, we have moved all didactic content online to our in-house Learning Management System (LMS). Our use of an LMS for the didactic portion of the program eliminates the need to drive to our training center for classes, thus freeing you up to read, study and learn on your own schedule when it is most convenient for you.

Our online/hybrid EMT course is broken into three distinct parts: didactic (classroom), psychomotor (skills), and clinical internship.

Didactic

The didactic or classroom portion of our program is conducted online making use of our Learning Management System (LMS) and a required textbook. The online program will consist of reading assignments, online presentations by our educational staff, homework and examinations. Students must maintain a minimum grade point average and fulfill the weekly participation requirements. We have developed these requirements in order to help with retention of information and to ensure your success when taking the National Registry (NREMT) certification exam.

Successful students are those who are self-motivated problem solvers—which happens to be a natural instinct for EMS professionals. Our educators are adept in their field of study and act as a guide and mentor throughout the program. They mold students as they would with anything taught in a classroom by leveraging technology for the benefit of student convenience.

At the conclusion of the course, the student will take a final summative written exam.

Psychomotor/Skills

At specified times during the course, students will be required to attend mandatory psychomotor or hands-on, skill sessions. During these psychomotor sessions, students will have an opportunity to train and learn from our staff educators as well as other students in the program. All psychomotor sessions are hands-on learning followed by skills testing. We offer two approaches to the delivery of hands-on skill training, integrated and terminal. The following pages detail the two approaches and list the dates for the fall courses being offered.
Clinical Practicum

Students may begin the Clinical Practicum after successfully completing both the didactic and psychomotor portions of the program. Each student is required to make 10 patient contacts during field internship and complete a minimum of 12 hours of time on an ambulance. Students may also observe emergency department operations for a period of time sufficient to gain an appreciation for the continuum of care.

Scheduling your rotations will be handled by the student in conjunction with our educational staff and it is based on your availability as well as the clinical site availability. Students may be required to complete additional field or clinical internship to meet minimum competency requirements. Students average 24 hours of internship to achieve required competencies.

Accreditation
Central Shenandoah EMS Council is accredited by the Virginia Department of Health's Office of Emergency Medical Services to offer Emergency Medical Technician (EMT) education

National Registry of EMTs
Successful completion of our online/hybrid EMT program will allow students to be eligible to sit for the National Registry certification exam.

Register online at http://www.csems.org/courses/
The integrated lab course provides 16 weeks of instructor-led, on-line education with mandatory practical lab sessions offered throughout the program. The lab sessions are conducted at the CSEMS training center in Staunton, VA from 6:00 pm – 10:00 pm on the dates shown on the timeline below. The integrated lab course is best suited for students who desire hands-on learning correlated with the program subject matter and those with the flexibility to attend classroom sessions throughout the program. This section concludes on May 4, 2016. The psychomotor examination is scheduled for May 11, 2016. The cognitive exam is self-scheduled by the candidate following successful completion of the psychomotor examination.
The terminal lab course provides 16 weeks of instructor-led, on-line education with mandatory practical lab sessions offered following the completion of the on-line curriculum and at the terminal portion of the program. The lab sessions are conducted at the CSEMS training center in Staunton, VA the week of May 9-13. During this week, the class will meet from 8:00 am – 5:00 pm each day. The terminal lab approach is best suited for students with busy schedules and limited availability to participate in classroom sessions throughout the course of the program. This section concludes on May 17, 2016. The psychomotor examination is scheduled for May 18, 2016. The cognitive exam is self-scheduled by the candidate following successful completion of the psychomotor examination.
Program Admission Policy

The Education Program will not discriminate in its admission policies on the basis of sex, race national origin, color, creed, disabling conditions, handicaps, age, religion or sexual preference. All candidates must meet the minimum requirements and provide documentation prior to entry into a Basic or Advanced Life Support program. Qualified program applicants may be subject to a selection process by the Advisory Committee should the number of qualified applicants exceed the number of spaces available in a program.

Admission Requirements

Applicants must provide documentation of minimum requirements prior to admission into either a Basic or Advanced Life Support program.

Application

Applicants to all programs must complete the designated application packet and submit by the prescribed deadline to be considered for admission to a program.

Cardiopulmonary Resuscitation Requirements

Applicants shall hold current certification in CPR credentials as a prerequisite for enrollment in all education programs. Additionally, candidates for certification testing shall hold current CPR credentials. A current CPR card or an official course roster is acceptable to verify CPR certification. Completion of an approved course which tests the following skills is required:

- One and Two Rescuer CPR - ADULT and CHILD
- Infant Resuscitation
- Complete Airway Obstruction - Unconscious Victim
- Complete Airway Obstruction - Conscious Victim
- Complete Airway Obstruction - Unconscious Infant
- Complete Airway Obstruction - Conscious/Choking Infant

The current courses which are accepted by the Virginia Office of EMS to meet these standards are:

- American Heart Association - Basic Cardiac Life Support - "Healthcare Provider"
- American Red Cross - "CPR/AED for the Professional Rescuer and Healthcare Provider" or CPR/AED for Lifeguards
- American Safety and Health Institute – "CPR-PRO"
- Emergency Care and Safety Institute "Professional Rescuer" / "Healthcare Provider CPR & AED"
- EMS Safety Services, Inc. – CPR/AED for Professional Rescuers (2/1/2014)
- Medic First Aid - BLS for Professionals "BLSPRO"
- National Safety Council – "Healthcare and Professional Rescuer"
- ProCPR – "Healthcare Provider" Click here for APPROVED CARD SAMPLE


Criminal History

The candidate must give consent and authorize the Virginia State Police to search the files of the Central Criminal Records Exchange for a criminal history record and report the results of such search to the Central Shenandoah EMS Council.
Admission Testing

Online EMT applicants are required to complete admission testing as a condition of acceptance to a program. Following submission of the application, the applicant will be provided instructions to complete admission testing provided by Platinum Education. A $5 fee is assessed when the student creates the Platinum Education account. The following assessments are conducted as part of the admission testing.

- Test Anxiety Assessment
- Student Motivation Assessment
- Reading Level Assessment
- Learning Style Assessment
- Basic EMT Math Assessment

Enrollment Priorities

When enrollments must be limited for any curriculum, first priority will be given to all qualified students who are residents of the political subdivisions supporting the Central Shenandoah EMS Council, provided such students apply for admission to the program by the scheduled deadline. The priority list is as follows:

A. Residents of the political subdivisions supporting the CSEMS Council (the counties of Augusta, Bath, Highland, Rockbridge and Rockingham and the cities of Buena Vista, Harrisonburg, Lexington, Staunton, and Waynesboro)

B. Other Virginia residents,

C. Out-of-state and resident alien students.

EMS Personnel Requirements and Standard of Conduct – All Programs

EMS personnel shall meet and maintain compliance with the following general requirements:

A. Be clean and neat in appearance;

B. Be proficient in reading, writing and speaking the English language in order to clearly communicate with a patient, family or bystander to determine a chief complaint, nature of illness, mechanism of injury and/or assess signs and symptoms.

C. Have no physical or mental impairment that would render him unable to perform all practical skills required for that level of training. Physical and mental performance skills include the ability of the individual to function and communicate independently to perform appropriate patient care, physical assessments and treatments without the need for an assistant.

General denial. Application for or certification of individuals convicted of certain crimes present an unreasonable risk to public health and safety. Thus, applications for certification by individuals convicted of the following crimes will be denied in all cases:

A. Felonies involving sexual misconduct where the victim’s failure to affirmatively consent is an element of the crime, such as forcible rape.

B. Felonies involving the sexual or physical abuse of children, the elderly or the infirm, such as sexual misconduct with a child, making or distributing child pornography or using a child in a sexual display, incest involving a child, or assault on an elderly or infirm person.

C. Any crime in which the victim is an out-of-hospital patient or a patient or resident of a healthcare facility including abuse of, neglect of, theft from, or financial exploitation of a person entrusted to the care or protection of the applicant.

D. Serious crimes of violence against persons such as assault or battery with a dangerous weapon, aggravated assault and battery, murder or attempted murder, manslaughter except involuntary manslaughter, kidnapping, robbery of any degree, or arson.
E. Has been subject to a permanent revocation of license or certification by another state EMS office or other recognized state or national healthcare provider licensing or certifying body.

Presumptive denial. Application for or current certification by individuals in the following categories will be denied except in extraordinary circumstances, and then will be granted only if the applicant or provider establishes by clear and convincing evidence that certification will not jeopardize public health and safety.

A. Application for certification by individuals who have been convicted of any crime and who are currently incarcerated, on work release, on probation, or on parole.

B. Application for or certification by individuals convicted of crimes in the following categories unless at least five years have passed since the conviction or five years have passed since release from custodial confinement whichever occurs later.

1. Crimes involving controlled substances or synthetics, including unlawful possession or distribution or intent to distribute unlawfully Schedule I through V drugs as defined by the Virginia Drug Control Act (§ 54.1-3400 seq. of the Code of Virginia).

2. Serious crimes against property, such as grand larceny, burglary, embezzlement, or insurance fraud.

3. Any other crime involving sexual misconduct.

C. Is currently under any disciplinary or enforcement action from another state EMS office or other recognized state or national healthcare provider licensing or certifying body. Personnel subject to these disciplinary or enforcement actions may be eligible for certification provided there have been no further disciplinary or enforcement actions for five years prior to application for certification in Virginia.

All references to criminal acts or convictions under this section refer to substantially similar laws or regulations of any other state or the United States. Convictions include prior adult convictions, juvenile convictions and adjudications of delinquency based on an offense that would have been, at the time of conviction, a felony conviction if committed by an adult within or outside Virginia.

Source: Virginia EMS Regulations, 12VAC5-31-900, 12VAC5-31-910 (October 10, 2012)

Basic Life Support Course Student Requirements – General

The enrolled student, certification candidate, or EMS provider must comply with the following:

A. Be proficient in reading, writing and speaking the English language in order to clearly communicate with a patient, family, or bystander to determine a chief complaint, nature of illness or, mechanism of injury; assess signs and symptoms; and interpret protocols.

B. Be a minimum of 16 years of age at the beginning date of the certification program. If less than 18 years of age, the student must provide the EMT instructor or the EMS educational coordinator with a completed parental permission form as approved by the Office of EMS with the signature of a parent or guardian supporting enrollment in the course.

C. Have no physical or mental impairment that would render the student or provider unable to perform all practical skills required for that level of certification including the ability to function and communicate independently and perform patient care, physical assessments, and treatments.

D. Hold current certification in an approved course in cardio-pulmonary resuscitation (CPR) at the beginning date of the certification program. This certification must also be current at the time of state testing.

E. If in a bridge certification program, the student must hold current Virginia certification at the EMS First Responder level through completion of the certification examination process.

Source: Virginia EMS Regulations, 12VAC5-31-1503 (October 10, 2012)
Health Care Provider Statement

All students are required to submit a Personal Health History form. The document is to be completed by the student and their health care provider. All documents must be legible and dated in order to be accepted. Immunization records may be submitted in the absence of the signature of a health care provider if a copy of the medical record documenting each immunization, procedure or titer is attached to the form.

Students who do not provide a Personal Health History form will not be permitted to participate clinical or laboratory sessions until the information has been provided.

Required Immunizations and Medical Records

Documentation of all immunizations must be submitted to the program’s designated infection control officer on a date specified prior to the beginning of laboratory sessions.

A. Proof of immunization or results of rubella (German measles) titer. [Required.]
B. Proof of immunization or results of mumps titer. [Required.]
C. Proof of immunization or results of rubeola (measles) titer. [Required.]
D. Proof of flu vaccination. [Strongly recommended. Students who do not receive the flu vaccination will be required to wear a mask at all times during clinical rotations.]
E. Proof of immunization for polio. [Recommended.]
F. Proof of immunization for diphtheria, tetanus and pertussis (DTaP). [Recommended. People who have not had Tdap vaccine since age 11 should get a dose of Tdap followed by Td booster doses every 10 years.]
G. Hepatitis B vaccine status. [Recommended. If vaccination is declined, a declination form must be supplied or completed.]
H. Proof of immunization or results of varicella titer, if there is no history of chicken pox. [If you have had chicken pox, submit documentation from your health care provider attesting to the history of the disease.]
I. Results of tuberculin skin test (TST). Certain clinical sites require two-step TST. Two-step TST is required if you do not have a documented negative TST result during the preceding 12 months. If you have a documented negative TST result during the preceding 12 months, you need only complete one-step TST. A TB blood test (QuantiFERON®-TB Gold Test) may be substituted for the tuberculin skin test.
J. Results of chest x-ray if TB testing is positive.

Most immunizations are offered at no charge through local health departments. Call the Health Department in the County in which you reside, or call your private physician for information. Students should maintain the originals of all documents in a personal portfolio for future reference. Students are required to copy their records. No copies will be made by the Course Coordinator.

Tuition and Fees

The following table summarize the tuition and fees associated with the non-college credit courses.

<table>
<thead>
<tr>
<th>Emergency Medical Technician</th>
<th>Platinum Tuition¹</th>
<th>Standard Tuition</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$450</td>
<td>$1,750</td>
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</tbody>
</table>

¹ Platinum tuition applies to agencies and political subdivisions that financially support the Central Shenandoah EMS Council at 100% (agency list: http://wp.me/P3Rvud-1K5). Agencies and political subdivisions that partially fund the Council benefit from variable tuition rates based on contribution levels. Applicants that are not affiliated with a Platinum Agency should contact the Council for a tuition rate.
Tuition Refunds

Students shall be eligible for a full refund of fees for classes dropped during the specified add/drop periods as listed in the application packet.

It is the student’s responsibility to know the appropriate refund dates. There will be NO REFUNDS after the add/drop period has passed, unless written documentation is submitted to support the existence of one of the following special circumstances:

- Unanticipated medical emergency, resulting in extended incapacitation/hospitalization of the student.
- Extreme, sudden and unforeseen financial hardship.
- Death of an immediate family member.
- Institutional errors by Education Program personnel that cause the delay of administrative processes related to registration or withdrawal. The request for refund in these instances must be initiated through the Education Program office responsible for the error.
- A national emergency or mobilization declared by the President of the United States and in accordance with Section 23-9.6.2 of the Code of Virginia.

Fees

The following table summarizes other fees associated with EMS courses.

<table>
<thead>
<tr>
<th>Fee Description</th>
<th>Fee Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>NREMT Application Fee – Emergency Medical Technician</td>
<td>$0</td>
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<tr>
<td>• The cost for first attempt at the NREMT cognitive exam will be paid for by the Virginia Office of EMS.</td>
<td></td>
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<tr>
<td>Virginia Consolidated Test Site Fee (BLS Candidates)</td>
<td>$50</td>
</tr>
<tr>
<td>• State psychomotor examination fee for basic life support candidates.</td>
<td></td>
</tr>
<tr>
<td>Technology Fee – Includes the following valued at over $160.</td>
<td></td>
</tr>
<tr>
<td>• MyBradylab with Pearson eText for Emergency Care, 13th Edition – The program utilizes one eText and online homework, tutorial, and assessment product in addition to the CSEMS Learning Management System.</td>
<td>$45</td>
</tr>
<tr>
<td>o By Daniel Limmer, Michael F. O'Keefe, Harvey Grant, Bob Murray, J. David Bergeron, Edward T. Dickinson</td>
<td></td>
</tr>
<tr>
<td>• Platinum Education Learning Management System Access</td>
<td></td>
</tr>
<tr>
<td>o Test administration and NREMT computer adaptive test preparation service.</td>
<td></td>
</tr>
<tr>
<td>Platinum Education Admission Testing ($5)</td>
<td>Included!</td>
</tr>
<tr>
<td>Printing and Office Expenses ($5)</td>
<td>Included!</td>
</tr>
<tr>
<td>Disposable Equipment ($25)</td>
<td>Included!</td>
</tr>
<tr>
<td>Students desiring a physical textbook may purchase the following.</td>
<td>Not included in tuition.</td>
</tr>
<tr>
<td>• Emergency Care, 13th Edition</td>
<td></td>
</tr>
<tr>
<td>o By Daniel Limmer, Michael F. O'Keefe, Harvey Grant, Bob Murray, J. David Bergeron, Edward T. Dickinson</td>
<td></td>
</tr>
<tr>
<td>o List Price: $128.00</td>
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</tbody>
</table>

Class Add/Drop Periods

Students shall be eligible for a full refund of tuition and fees if written request to withdraw from the program is provided to the Central Shenandoah EMS Council by January 6, 2016 at 5:00 PM.